

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring menu 2019
GCC

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 07/01/2019 28/01/2019 25/02/2019 18/03/2019	Main	Cheese & Tomato Pizza (WM)	Chicken Curry & rice	Roast Pork with Roast Potatoes and Gravy	Beef Lasagne with garlic slice	MSC Fish fingers/salmon fish fingers with Chips
	Vegetarian	Quorn Chilli & rice	Macaroni Cheese with Garlic slice	Quorn Roast with Roast Potatoes and Gravy	Vegetable Sausage & Mash	Cheese & tomato quiche (WM) with Chips
	Jacket Potato	Jacket Potato with Beans	Tomato Soup with ½ Filled Baguette	Jacket Potato with Tuna	Vegetable Soup with ½ Filled Baguette	Jacket Potato with Cheese
	Dessert	Sweetcorn Peas Rolled Apple & Strawberry Pie & Custard Yoghurt Fresh Fruit Platter	Green Beans Carrots Chocolate mandarin brownie Yoghurt Fresh Fruit Salad	Carrot Cauliflower Oaty cookie Yoghurt Fresh Fruit Platter	Sweet corn Broccoli Pineapple upside down cake with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 2 14/01/2019 04/02/2019 04/03/2019 25/03/2019	Main	Roasted vegetable Pizza	Spaghetti Beef bolognaise	Roast Turkey Roast Potatoes and Gravy	Sausage & Mash	MSC Breaded Fish with Chips
	Vegetarian	Vegetable Fajita	Lentil & Sweet Potato curry & rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese & Pepper Pinwheel (WM)	Quorn burger with Chips
	Jacket Potato	Jacket Potato with Beans	Tomato Soup with ½ Filled Baguette	Jacket Potato with Tuna	Vegetable Soup with ½ Filled Baguette	Jacket Potato with Cheese
	Dessert	Coleslaw Sweet corn Chocolate crunch Yoghurt Fresh Fruit Platter	Peas Carrots Banana Sponge & Custard Yoghurt Fresh Fruit Chunks	Red/Green Cabbage Peas Flapjack Yoghurt Fresh Fruit Salad	Green Beans Carrots Fruit Crumble with Custard (WM) Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 3 21/01/2019 11/02/2019 11/03/2019 01/04/2019	Main	Cheese & Sweetcorn Pizza	Chicken & Tomato Pasta Bake	Roast Gammon Roast Potatoes and Gravy	Meatballs with Pasta	MSC Battered Fish with Chips
	Vegetarian	Veggie Hotdog Quorn Sausage	Cheesy puff	Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Hotpot	Bean Burger with Chips
	Jacket Potato	Jacket Potato with Beans	Tomato Soup with ½ Filled Baguette	Jacket Potato with Tuna	Vegetable Soup with ½ Filled baguette	Jacket Potato with Cheese
	Dessert	Peas Mixed Salad Vanilla Shortbread Yoghurt Fresh Fruit Platter	Broccoli Carrots Peach Crisp & Custard (WM) Yoghurt Fresh Fruit Salad	Cauliflower Green beans Iced Sponge Yoghurt Fresh Fruit Chunks	Sweetcorn Carrots Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station