

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring GOLD Menu 2018



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Hotdogs with tomato sauce and jacket wedges	Beef chilli with rice (made with organic mince beef)	Roast chicken with stuffing and Roast Potatoes and Gravy	Organic beef cottage pie	MSC Fishwich With Chips & Tomato Sauce
Week 1	Vegetarian	Potato & Courgette Layer Bake	Spinach & red pepper quiche Quiche with New Potatoes	Quorn Roast With Roast Potatoes and Gravy	Macaroni Cheese Tomato Soup and filled baguette	Vegetable wrap
01-Jan		Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with cheese		Jacket potato with beans
22-Jan		Salad sweetcorn	Mixed vegetables	Carrot & Swede mash Broccoli	Sweetcorn Green beans	Baked Beans Garden Peas
19-Feb	Dessert	Banana Cake Yoghurt Fruit platter	Apple and Mixed Berry Crumble & Custard Yoghurt Fruit chunks	flapjack Yoghurt Fruit pieces	Pineapple upside down Cake with Custard Yoghurt Fruit platter	Cinnamon Muffin Yoghurt Fruit salad
12-Mar						
Week 2	Main	Beef meatballs in tomato sauce with rice	Chicken Pizza with baby Baked Potato (made with free range chicken)	Roast Turkey with Roast Potatoes & Gravy	Organic beef mince pasta bolognaise	MSC Battered Fish Chips & Tomato Sauce
Week 2	Vegetarian	Vegetable Pasta Bake	Cheese & Tomato pizza	Vegetable wellington with Roast Potatoes	Spinach & lentil curry with rice	Quorn hotdog with chips
08-Jan		Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with cheese	Tomato Soup and filled baguette	Jacket potato with beans
29-Jan		Broccoli sweetcorn	mixed Vegetables	cabbage Sliced Carrots	Green beans Sweet corn	Baked Beans Garden Peas
26-Feb	Dessert	Pear Sponge Yoghurt Fruit platter	Lemon Drizzle cake Yoghurt Fruit chunks	shortbread Yoghurt Fruit pieces	Apple & Berry Strudel with Custard Yoghurt Fruit platter	Chocolate and Orange Brownie Yoghurt Fruit salad
19-Mar						
Week 3	Main	Beef Burger in a Bun with jacket wedges	Chicken tikka & rice	Roast pork with Roast Potatoes and Gravy	Beef Tortilla Stack(organic beef) with wedges	MSC Fish Fingers with chips & Tomato Sauce
Week 3	Vegetarian	Mixed bean casserole with jacket wedges	Veg tortilla stack with new potatoes	cheese & tomato whirl with Roast Potatoes	Vegetable pasta bake in cheese sauce	Vegetable pasty with Chips
15-Jan		Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with cheese	Tomato Soup with filled baguette	Jacket potato with beans
05-Feb		Salad Sweetcorn	Broccoli Green Beans	Shredded Cabbage swede	Mixed Vegetable Medley	Baked Beans Garden Peas
05-Mar	Dessert	Carrot & Sultana Cake Yoahurt	Chocolate crunch & choc sauce	Jelly with a Side of Mandarins Yoahurt	rice pudding Yoahurt	Lemon Cake Yoahurt
26-Mar						



Soil Association